



EQUINOX: 21ST SEPTEMBER

Equinox Greetings, friend!

This is a potent time to align with the Earth energy of now!

In the Southern Hemisphere we are living the Spring Equinox, also known as Ostara, so...

Call forth what you need in your life to bring balance!

And in the Northern Hemisphere, we are living the Autumn/Fall Equinox, also known as Mabon, so...

Let go of what no longer serves you to bring balance ...

And see here for a suggested spiritual practice and ceremony to align with these Earth energies.

Southern Hemisphere: [Spring Equinox ~ Ostara](#)

Northern Hemisphere: [Autumn Equinox ~ Mabon](#)